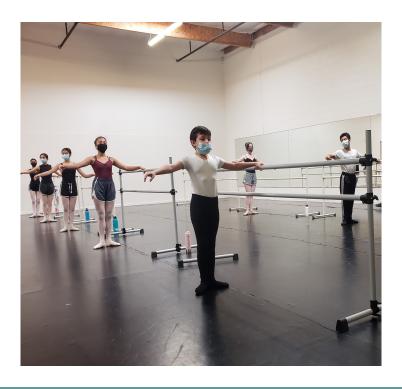


# Student Handbook 2022-2023



# **Welcome to Galaxy Dance Arts!**

Dear Students and Families,

Welcome to Year Five.

We continue to bring you quality dance education in a nurturing environment. Dance will teach you and/or your child to practice to achieve their goals, to have patience, to work with others, and to know and care for their bodies, These are skills for life and will help them in any field.

This year, we are proud to be using the AMERICAN BALLET THEATRE® National Training Curriculum, a breakthrough 9 level program that combines high quality artistic training with the basics of dancer health and child development.

We also offer classes in Progressing Ballet Technique, Contemporary, Jazz, Hip Hop, Tap, and Body Conditioning. We encourage dancers to try more than one style.

What you get at Galaxy is not just a class with a teacher, but a team of dedicated dance educators who regularly converse about how to help each dancer achieve their individual best.

Thank you for trusting us with your/your dancer's education and well-being. We look forward to another fantastic year!

Cheers!

Tori

## **Important Dates**

August 22, 2022 – First day of classes

October 3-8, 2022 – Parent Observation Week

November 21-26, 2022 – CLOSED for Thanksgiving Break

December 16, 2022 – Dress Rehearsal

December 17, 2022 – Winter Showcase

December 19, 2022 to January 1, 2023 – CLOSED for Winter Break

January 2, 2023 – Classes resume

February 13-18, 2023 – Parent Observation Week

March 13 - 18, 2023 – CLOSED for Spring Break

May 12, 2023 – Dress Rehearsal

May 13, 2023 – Spring Showcase

May 27, 2023 – Last day of classes

May 29, 2023 – June 11, 2023: CLOSED for Summer Break I

June 12, 2023 – First day of summer classes

August 5, 2023 – Last day of summer classes

August 6-20, 2023 – CLOSED for Summer Break II

We do not generally take lone Monday holidays as it throws off attendance for our Monday dancers (Ex. we are in session Labor Day, etc.).

## **Attendance**

#### Attendance is essential to progress.

To get the most out of a dance education, please make every effort to have your dancer in all classes as long as they are healthy. We appreciate your keeping dancers home when there is any sign of illness, however.

Being on time to dance class means arriving 5-10 minutes early (15-20 minutes early for Ballet Levels 4-6). Shoes should be changed before class, not when it starts. Arriving at or after class time is disruptive and if ten minutes or more late, admission is at the discretion of the teacher. Dancers may be asked to sit and watch the rest of class.

This is still valuable and educational, but will ensure that injuries do not happen because of missed warm-up time. Having muscles properly readied for dance is critical.

## **Makeup Classes**

Missed classes may be made up. Makeup classes are good for 90 days and can be in another style as long as it is level-appropriate. Please contact us for makeups.

Summer makeups do not expire until the following summer session starts. We understand summer travel plans can interfere.

Makeups may not be used in place of tuition.

## **Tuition**

#### **Monthly Tuition 2022-2023**

(based on hours of instruction per week)

Hours per Week	Payment per Month
0.75	\$60.00
1	\$70.00
1.5	\$105.00
2	\$140.00
2.5	\$175.00
3	\$199.00 5% discount
3.5	\$233.00
4	\$252.00 10% discount
4.5	\$283.00
5	\$297.00 15% discount
5.5	\$327.00
6	\$336.00 20% discount

Please inquire for over 6 hours per week.

Family Discounts -- The student enrolled with the most amount of hours will pay tuition at the full rate. A 5% monthly tuition discount will be given to each additional family member.

Private lessons are available. Please inquire for price and availability.

Costume fees for Winter and Spring Showcase are not included in tuition.

For your convenience, tuition is auto-run on the 5<sup>th</sup> of each month using the credit card on file. Alternate methods of payment may be arranged. Denied card transactions may be subject to a \$25 fee.

There are 36 weeks of instruction between August 22, 2022 and May 27, 2023. Each monthly payment is for four weeks of instruction.

September payment covers: August 22-September 17
October payment covers: September 19-October 15
November payment covers: October 17 – November 12
December payment covers: November 14 – December 17
January payment covers: January 2-28
February payment covers January 30-February 25
March payment covers February 27-April 1
April payment covers April 3-29
May payment covers May 1-27

There is an 8-week summer session. We encourage all students to continue their dance education through the summer months. Three months is a long time, the body forgets.

June 1/2 payment, 2 weeks tuition, covers June 12-24 July payment, 4 weeks tuition, covers June 26 – July 22 August 1/2 payment, 2 weeks tuition, covers July 24 – August 5

Please give us 30 days notice before withdrawing from any class.

## **Dress code**

**Please note:** ALL dancers (Hip Hop as well) should have a coverup when entering or leaving. Keeping muscles warm is important. In warmer months, a light coverup is still required as proper etiquette.

No one should wear classroom shoes outdoors. Please have dedicated dance shoes and change when you get into the studio.

No undergarments showing.

No jewelry except post earrings.

#### **Ballet**

#### Female-Identifying

Pink or skin-toned footed or transitional tights with ballet slippers that match. Any colored leotard.

Music & Motion, and Primary students should have a chiffon skirt.

Ballet 1, 2, 3: No shorts or T-shirts allowed. In cold weather, tight-fitting, knit warm-ups are allowed for barre.

Hair pulled up in ballet bun or equivalent. Ballet 1 and above, must be secured so that it will not hit the face if turning.

#### **Male-Identifying**

Tight-fitting T-shirt or leotard, any color. Black tights with black shoes. May have white socks and white shoes.

#### **Adult Classes**

Ballet slippers required. Comfortable clothing.

## **Contemporary**

Leggings/tights and leotard/close-fitting top. Bare feet, but have socks available.

#### **Jazz**

Leggings/tights and leotard/close-fitting top. Jazz shoes, black or tan.

#### **PBT**

Leggings/tights and leotard/close-fitting top. Must be able to see body and legs. Bare feet.

Equipment needed, please contact us for the list.

## Hip Hop

Dedicated sneakers. Please do not use school shoes. Have a pair of sneakers that are only used for class.

Loose-fitting, comfortable clothing.

## Tap

Tap shoes. Please do not wear tap shoes outside. It ruins the taps and then scuffs our floors. Comfortable clothing.

### **Body Conditioning**

At the teacher's discretion.

# **School Policies**

Level Placements for all styles are at the discretion of the teacher.

## **Classroom Etiquette**

No cell phone use in the studio. Do not check phones during breaks, please turn ringers off.

Only water allowed in the studio. Eating is permitted in the waiting room, but please clean up after yourself.

Please bring a refillable water bottle. If you/your child does not have water with them, we will give them a bottle and your account will be charged a dollar. This is whether or not your child wants the water, it's necessary to keep hydrated.

#### **Parents**

Please do not stand in the halls to watch. Our waiting room is open and the CCTV should be on. Masks are not required but recommended for your safety.

If you drop your child off, please wait to see that they get safely into the studio before leaving. Be prompt about pick-up times so that teachers do not have to wait.

## Zoom

PBT and Body Conditioning are via Zoom only. Music & Motion will be on Zoom for parents to watch. No other classes will be available for parents to watch weekly.

## **Contact Information**

Tori Lee, Owner/School Director tori@galaxydancearts.com 279.333.7123

School Address: 9911 Kent Street, #1 Elk Grove, CA 95624

