

# Student Handbook 2023-2024



# **Welcome to Galaxy Dance Arts!**

Dear Students and Families,

Welcome to Year Six.

We continue to bring you quality dance education in a nurturing environment. Dance will teach you and/or your child to practice to achieve their goals, to have patience, to work with others, and to know and care for their bodies, These are skills for life and will help them in any field.

We are proud to be using the AMERICAN BALLET THEATRE® National Training Curriculum, a breakthrough 9 level program that combines high quality artistic training with the basics of dancer health and child development.

We also offer classes in Progressing Ballet Technique, Contemporary, Jazz, Hip Hop, Tap, and Body Conditioning. We encourage dancers to try more than one style.

What you get at Galaxy is not just a class with a teacher, but a team of dedicated dance educators who regularly converse about how to help each dancer achieve their individual best.

Thank you for trusting us with your/your dancer's education and well-being. We look forward to another fantastic year!

Cheers!

Tori

# **Important Dates**

August 21, 2023 – First day of classes

October 2-7, 2023 – Parent Observation Week

November 18-23, 2023 – CLOSED for Thanksgiving Break

December 14, 2023 – Dress Rehearsal

December 15, 2023 – Winter Showcase

December 17, 2023 to January 1, 2024 – CLOSED for Winter Break

January 2, 2024 – Classes resume

February 12-17, 2024 – Parent Observation Week

March 11 - 15, 2024 – CLOSED for Spring Break

May 17, 2024 – Dress Rehearsal

May 18, 2024 – Spring Showcase

May 25, 2024 – Last day of classes

May 27, 2024 – June 9, 2024: CLOSED for Summer Break I

June 10, 2024 – First day of summer classes

August 10, 2024 – Last day of summer classes

August 11-25, 2024 – CLOSED for Summer Break II

We do not generally take lone Monday holidays as it throws off attendance for our Monday dancers (Ex. we are in session Labor Day, etc.).

## **Attendance**

## Attendance is essential to progress.

To get the most out of a dance education, please make every effort to have your dancer in all classes as long as they are healthy. We appreciate your keeping dancers home when there is any sign of illness, however.

Being on time to dance class means arriving 5-10 minutes early (15-20 minutes early for Ballet Levels 4-6). Shoes should be changed before class, not when it starts. Arriving at or after class time is disruptive and if ten minutes or more late, admission is at the discretion of the teacher. Dancers may be asked to sit and watch the rest of class.

This is still valuable and educational, but will ensure that injuries do not happen because of missed warm-up time. Having muscles properly readied for dance is critical.

## **Makeup Classes**

Missed classes may be made up. Makeup classes are good for 90 days and can be in another style as long as it is level-appropriate. Please contact us for makeups.

Summer makeups do not expire until the following summer session starts. We understand summer travel plans can interfere.

Makeups may not be used in place of tuition.

## **Tuition**

## **Monthly Tuition 2023-2024**

(based on hours of instruction per week)

Hours per Week	Payment per Month
0.75	\$60.00
1	\$70.00
1.5	\$105.00
2	\$140.00
2.5	\$175.00
3	\$199.00 5% discount
3.5	\$233.00
4	\$252.00 10% discount
4.5	\$283.00
5	\$297.00 15% discount
5.5	\$327.00
6	\$336.00 20% discount

Please inquire for over 6 hours per week.

Family Discounts -- The student enrolled with the most amount of hours will pay tuition at the full rate. A 5% monthly tuition discount will be given to each additional family member.

Private lessons are available. Please inquire for price and availability.

Costume fees for Winter and Spring Showcase are not included in tuition.

For your convenience, tuition is auto-run on the 5<sup>th</sup> of each month using the credit card on file. Alternate methods of payment may be arranged. Denied card transactions may be subject to a \$25 fee.

There are 36 weeks of instruction between August 21, 2023 and May 25, 2024. Each monthly payment is for four weeks of instruction.

September payment covers: August 21-September 16 October payment covers: September 18-October 14 November payment covers: October 16 – November 11 December payment covers: November 13 – December 15 January payment covers: January 2-27 February payment covers January 29-February 24 March payment covers February 26-March 30 April payment covers April 1-27 May payment covers April 29-May 25

There is a 9-week summer session. We encourage all students to continue their dance education through the summer months. Three months is a long time, the body forgets.

June 1/2 payment, 2 weeks tuition, covers June 10-22 July payment, 4 weeks tuition, covers June 24 – July 20 August 3/4 payment, 3 weeks tuition, covers July 22 – August 10

Please give us 30 days notice before withdrawing from any class.

## **Dress code**

**Please note:** ALL dancers (Hip Hop as well) should have a coverup when entering or leaving. Keeping muscles warm is important. In warmer months, a light coverup is still required as proper etiquette.

No one should wear classroom shoes outdoors. Please have dedicated dance shoes and change when you get into the studio.

No undergarments showing.

No jewelry except post earrings.

### **Ballet**

#### Female-Identifying

Pink or skin-toned footed or transitional tights with ballet slippers that match. Any colored leotard.

Music/Motion and Primary Ballet students should have a chiffon skirt.

Ballet 1, 2, 3: No shorts or T-shirts allowed. In cold weather, tight-fitting, knit warm-ups are allowed for barre.

Hair pulled up in ballet bun or equivalent. Ballet 1 and above, must be secured so that it will not hit the face if turning.

#### **Male-Identifying**

Tight-fitting T-shirt or leotard, any color. Black tights with black shoes. May have white socks and white shoes.

#### **Adult Classes**

Ballet slippers required. Comfortable clothing.

## **Contemporary**

Leggings/tights and leotard/close-fitting top. Bare feet, but have socks available.

#### **Jazz**

Leggings/tights and leotard/close-fitting top. Jazz shoes, black or tan.

#### **PBT**

Leggings/tights and leotard/close-fitting top. Must be able to see body and legs. Bare feet.

Equipment needed, please contact us for the list.

## Hip Hop

Dedicated sneakers. Please do not use school shoes. Have a pair of sneakers that are only used for class.

Loose-fitting, comfortable clothing.

## Tap

Tap shoes. Please do not wear tap shoes outside. It ruins the taps and then scuffs our floors. Comfortable clothing.

#### **Fitness**

At the teacher's discretion.

## **School Policies**

Level Placements for all styles are at the discretion of the teacher.

## **Classroom Etiquette**

No cell phone use in the studio. Do not check phones during breaks, please turn ringers off.

Only water allowed in the studio. Eating is permitted in the waiting room, but please clean up after yourself.

Please bring a refillable water bottle. If you/your child does not have water with them, we will give them a bottle and your account will be charged a dollar. This is whether or not your child wants the water, it's necessary to keep hydrated.

#### **Parents**

Please do not stand in the halls to watch. Our waiting room is open and the CCTV should be on.

If you drop your child off, please wait to see that they get safely into the studio before leaving. Be prompt about pick-up times so that teachers do not have to wait.

#### Zoom

Sunrise Conditioning is via Zoom only. Music & Motion and Primary Ballet will be on Zoom for parents to watch. No other classes will be available for parents to watch weekly.

## **Contact Information**

Tori Lee, Owner/School Director tori@galaxydancearts.com 279.333.7123

School Address: 9911 Kent Street, #1 Elk Grove, CA 95624

